Thirty Year Old Wine

Choreographed by	Karen & Nigel Poll – October 2013 pollykaz 7@live.co.uk Tel 01379 853571
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Description	48 count dance, Man Facing OLOD, Lady Facing ILOD
	Closed Western position
	Man's steps listed, Opposite footwork throughout. Unless stated
Music	The Best Keeps Getting Better -Alan Jackson (Freight Train

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Side together, Side shuffle, Cross rock, recover, turn ¼ shuffle back (facing LOD)

1-4 **Man** - Step Side Left, Step Right beside Left, Left Side shuffle
Lady - Step side Right, Step Left beside Right, Right Side shuffle

5-8 **Man** - Cross Rock Right over Left, recover turning ¼ Left, Right shuffle backwards
Lady - Rock Back Left behind Right, recover turning ¼ Left, Left shuffle forwards (facing RLOD)

Rock back, recover Shuffle forwards,(Lady pivot ½ Shuffle ½turn) Walk, Walk Shuffle

9-12 **Man** - Rock back Left, recover on Right, Left shuffle forward
Lady – Step Forward Right Pivot ½ Left, Right shuffle ½ turn left,

13-16 **Man** - Walk forward Right, Left, Right shuffle forward
Lady - walk backward Left, Right, Left shuffle backwards

Rock forward, recover Shuffle ½ turn, Step forward, Pivot ½ turn, shuffle

17-20 **Man –** Rock forward Left, recover on Right, shuffle ½ turn left, to face RLOD
(Taking ladies Right hand over man's head)
Lady - Rock back Right, recover on Left, Right shuffle forward

21-24 **Man -** Step forward Right, pivot ½ turn Left, Right shuffle into LOD
Lady - Step forward Left, pivot ½ Right, Left shuffle into LOD

¼ turn grapevine, Shuffle ¼,(Facing OLOD), ¼ turn grapevine, Shuffle (facing ILOD) (Open hand Hold)

25-28 **Man -** Turn ¼ Right, stepping Left to Left side, cross Right behind Left, turn ¼ Left, Left shuffle
Lady - Turn ¼ Left, stepping Right to Right side, cross Left behind Right, turn ¼ right, right shuffle

29-32 **Man -** Turn ¼ Left stepping Right to Right side, cross Left behind Right, turn ¼ Right, Right shuffle
Lady - Turn¼ Right, stepping Left to left side, cross Right behind Left, turn ¼ Left, Left shuffle

Walk, Walk Shuffle, Crossing over, Walk, Walk Shuffle, crossing over.
(holding inside hands, bringing arms over ladies head)

33–36 **Man –** Walk Left, Right, Left shuffle (Changing sides behind lady)
Lady – Walk Right, Left, Right shuffle (Crossing in front of man)
37-40 **Man -** Walk Right, Left, Right shuffle (Changing sides behind Lady)
Lady - Walk Left, Right, Left shuffle (crossing in front of man)

Rock forward Left, recover turn, ½ Left Shuffle, ¼ pivot Left, Cross Shuffle.

41-44 **Man -** Rock forward Left, recover on Right, turn ½ Left, Left shuffle to RLOD
Lady – Rock forward Right, recover on Left, turn ½ Right, Right shuffle to ROLD

45-48 **Man -** Step forward Right, Pivot ¼ Left, Right Cross shuffle
Lady - Step forward Left, Pivot ¼ Right, Left Cross shuffle.

Start Again

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.