The Promise

Choreographed by: Carol* & George Stayte (UK) * Fully Qualified D & G Instructor. 02392 423925 carol.stayte@ntlworld.com
Description: Partner Dance. (66 Counts) Same Footwork Unless Otherwise Stated.
Start: Right Side by Side / Sweetheart position.
Music: "The Promise" by Jody Jenkins, CD: Dancin'The Night Away. (115bpm - 15 Count intro.)
Alternative: "You don't Even Know Who I Am" by Patty Loveless. CD: When Fallin'Angels Fly. (108bpm – Come in on the Vocals.)

1 **BASIC TWINKLES FORWARD (X2)**
1 2 3 Step right over left, step left to left side, step right next to left. (Travelling diagonally fwd to the left)
4 5 6 Step left over right, step Right to right side, step left next to right. (Travelling diagonally fwd to the right)
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2 **BASIC WALTZ FORWARD. 1/4 TURN RIGHT (LADY TURN LEFT)**
1 2 3 Step fwd on right, left, right,
4 5 6 **Gent:** Step back ¼ turn right on left, step right next to left, step left next to right. **OLOD**
Lady: Step back ¼ turn left on left, step right next to left, step left next to right. **ILOD**
Note: **Count: 4 – 6 Turn to face, right hands over Ladies head crossed hands, right on top.**

3 **BASIC TWINKLES. (X2)**
1 2 3 Step right over left, step left to left side, step right next to left.
4 5 6 Step left over right, step right to right side, step left next to right.
Note **Count: 1 – 3 Release left hands, right palm to right palm. Count: 4 – 6 Change hands, left palm to left palm.**

4 **1/2 TURN (CHANGING SIDES) BASIC WALTZ BACK.**
1 2 3 ½ turn left on right, left right, **(Lady: Turn right Changing sides, Lady travelling in front of Gent across LOD)**
4 5 6 **Both:** Step back on left, right, left.
Note: **Count 1 – 3 Left hands over Ladies head.**

5 **BASIC TWINKLES (X2)**
1 2 3 Step right over left, step left to left side, step right next to left.
4 5 6 Step left over right, step right to right side, step left next to right.
Note: **Count: 1 – 3 Release left hands, right palm to right palm. Count: 4 – 6 Change hands, left palm to left palm.**

6 **1/2 TURN (CHANGING SIDES) BASIC WALTZ BACK.**
1 2 3 ½ turn left on right, left right, **(Lady Turn right, changing sides, Lady travelling in front of Gent across RLOD)**
4 5 6 **Both:** Step back on left, right, left.
Note: **Count: 1 – 3 Left hands over Ladies head.**

7 **BASIC 1/4 TURN STEPPING BACK. BASIC 1/2 TURN, STEPPING FORWARD.**
1 2 3 **Gent:** ¼ turn right stepping back on right, step left next to right, step, back on right. **RLOD**
Lady: ¼ turn left stepping fwd on right, step left next to right, step back on right **RLOD**
4 5 6 **Both:** ½ turn left stepping fwd on left, together on right, step fwd on left. **LOD**
Note: **Count: 1 – 3 Left hands over Ladies head, rejoin right hands, Side by Side/Sweetheart position.**

8 **BASIC WALTZ FORWARD. STEP FORWARD. POINT, HOLD.**
1 2 3 Step fwd on right, left, right,
4 5 6 Step fwd on left, point right diagonally fwd to the right side. Hold.

9 **STEP BACK, POINT, HOLD. BASIC FORWARD 1/4 TURN.**
1 2 3 Step back on right, point left diagonally back to the left side. Hold.
4 5 6 ¼ turn left stepping fwd on left, together on right, step left next to right. **ILOD**
Note: **Count: 4 – 6 Release left hands, rejoin behind Gent's back, Reverse Indian Position.**

10 **BASIC BACK 1/4 TURN, BASIC FORWARD 1/4 TURN.**
1 2 3 ¼ turn left stepping back on right, together on left, step right next to left. **RLOD**
4 5 6 ¼ turn left stepping fwd on left, together on right, step left next to right., **OLOD**
Note: **Count 1 – 3 Hammerlock, right hand behind Gent's back. Count: 4 - 6 Release right hands rejoin into Indian position.**

11 **BASIC BACK 1/4 TURN. BASIC WALTZ FORWARD.**
1 2 3 ¼ turn left stepping back on right, together on left, step right next to left. **LOD (Side by Side/Sweetheart position.)**
4 5 6 Step fwd on left, right, left. **START AGAIN**

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.