Ten Step

Choreographed by	Unknown
Description	*A Classic Couples dance*
Music	

1. POINT LEFT HEEL FORWARD (TOE UP)

2 RETURN LEFT FOOT BESIDE RIGHT AND TRANSFER WEIGHT

3. 'TOUCH RIGHT TOE BEHIND LEFT HEEL

4. TOUCH RIGHT TOE BESIDE LEFT FOOT

5. POINT RIGHT HEEL FORWARD TOE UP)

6. LIFT RIGHT KNEE UP AND CROSS FOOT OVER LEFT LEG

7. POINT RIGHT HEEL FORWARD (TOE UP)

8. RETURN RIGHT FOOT BESIDE LEFT

9. POINT LEFT HEEL FORWARD (TOE UP)

10. LIFT LEFT KNEE UP AND CROSS FOOT OVER RIGHT LEG

(SHUFFLE STEPS)

1. STEP FORWARD WITH LEFT FOOT

2. CLOSE RIGHT FOOT BEHIND LEFT HEEL

3. STEP IN PLACE WITH LEFT FOOT

4. STEP FORWARD WITH RIGHT FOOT

5. CLOSE LEFT FOOT BEHIND RIGHT HEEL

6. STEP IN PLACE WITH RIGHT FOOT

7. REPEAT STEPS 1-6

START AGAIN

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.