Sidewinder Swing

Choreographed by Sue & Ian Ray

Description 4 Wall couples Dance, Couple standing side by side [man on lady's left, holding right hands in front]

Music Tryin to get to New Orleans - The Tractors

This Dance was choreographed for the Buffalo's One Day Workshop ,Easter 1995

The steps to this dance are based loosely on east coast swing steps, The step pattern throughout this dance consists of triple steps and rock steps, ie Right triple - Right to side left next to right, right to side[3 steps on 2 beats of music as in shuffles and Cha Cha, making sure steps are small] Reverse pattern for left triple

	MANS STEPS	LADY'S STEPS
	CROSSOVERS	
1-4	L triple, rock back on R, Fwd on L	R Triple, rock back on L, fwd on R
5-6	Right triple	L triple, passing diagonally to L, in front of man turning 1/4 right, going under gents R arm
7-8	Rock back on L, Forward on L	Rock back on R, Fwd on L [now at right angle to gent]
	SIDE By SIDE POSITION [Sweetheart]	
9-10	L triple turning 1/4 turn L into side by side	R triple turning 1/2 turn L , into side by side
11-12	Rock back on R, Fwd on L	Rock back on L, Fwd on R
	CROSSING HANDS	
13-14	R triple on spot, raising L hand over lady's head end up facing lady hands crossed L hands on top	Still holding hands, raise L hands over lady's head as she does a L triple Fwd, turning 1/2 turn toR finish facing man, hands crossed Left hand on top
15-16	Rock back on L, Fwd on R	Rock back on R, Fwd on L
	HAIRBRUSH	
17-18	L triple towards lady, sweeping L hand up & over lady's head, Releasing hold at back of lady's head. Resume hand hold under right	R triple towards man, sweeping L hand up & over lady's head, Releasing hold at back of lady's head, Resume hand hold under R
19-20	R triple on Spot, sweeping R hand over lady's head, releasing hold at back of head	L triple on Spot, sweeping R hand over lady's head, releasing hold at back of head
21-22	Rock back on L, release L hand & pick up lady's L with man's R & lady' L with mans R Rock fwd on R	As you rock back on R, release L hand & pick up mans L with lady's R & mans R with lady's L Rock Fwd on L

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

BOW [arm movement] aka Drape

23-24	L triple turning 1/8th to L, still holdng hands lift L hand & lower behind head then release	23-24	R triple turning 1/8th to L, still holding hands, lift L hand & lower behind head then release
25-26	R triple on spot, sliding R hand down lady's R arm	25-26	L triple away from man, sliding R hand down his R arm
27-28	Rock back on L, Fwd on R catching hold of lady's R hand with man's R hand	27-28	Rock back on R, Fwd on L, catching hold of man's R hand with lady's R hand

SIDE By SIDE POSITION [Sweetheart]

29-30	L triple turning 1/8th to R into side by side	29-30	R triple Fwd turning to L, back beside man in R Side by Side
31-31	Rock back on R, Fwd on L	31-32	Rock back on L, Fwd on R
33-34	Release L hands, R triple on the spot		**LADY TURN**
35-36	Rock back on L, Fwd on R	33-34	Release L hands, L triple turn full turn to R
		35-36	R Rock back on R, Fwd on L

Repeat

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