One to One

Choreographed by: Josie Copley - 01977 520880 - Diane Jackson - 01405 860993 - **April 2014**
Description: 64 count Partner Dance Start in closed western, Man facing LOD
Opposite footwork throughout,
Music: Little acts of Treason – Carlene Carter
All The Reasons Why – Highway 101 CD Highway 101
Or any slow med Cha Cha

CROSS ROCK, SIDE TOGETHER SIDE, X 2
1-4 **Man**-Cross Lt over Rt, recover back onto Rt, step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side
Lady- Cross Rt behind Lt, recover onto Lt, step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side
5-8 **Man**-Cross Rt over Lt, recover back onto Lt, Step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side
Lady-Cross Lt behind Rt, recover onto Rt, step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side
Angle your body as you cross rock for style

WALK WALK SHUFFLE, ROCK APART, SHUFFLE
9-12 Man Walk fwd Lt Rt, Left shuffle fwd
Lady walk back Rt Lt, Right shuffle back
13-16 **Man**- Rock back on right, recover on left, right shuffle fwd ending on ladies Rt side, hip to hip LOD
Lady- Rock back left, recover on right, left shuffle fwd ending on Mans Rt side, hip to hip RLOD
As you shuffle fwd release hands, rejoin into Right hand hold

WALK WALK TRIPLE
17-20 **Man**-walk fwd around lady turning ½ turn Right on Lt Rt, Triple LRL to face partner pick up Lt hand under Rt RLOD
Take Rt hands over lady's head as she turns, pick up Lt hand underneath Rt
Lady–Walk fwd turning 1/2 turn Left on Rt Lt, Triple RLR, to end facing partner with arms crossed, Rt on top LOD

WALK WALK SHUFFLE (Lady into windows)
21-24 **Man**- Walk back Rt Lt, turning 1/2 turn right, shuffle RLR turning lady into windows to face LOD
Passing right shoulders as you turn into windows
Lady-Walk fwd Lt Rt turning 1/2 turn left, shuffle LRL into windows to end facing RLOD

ROCK STEP SHUFFLE X 2
25-28 **Man**-Rock fwd on Lt recover back on Rt, shuffle back LRL
Lady-Rock back on Rt fwd onto Lt, shuffle fwd RLR
29-32 **Man**-Rock back on Rt, fwd onto Lt, shuffle fwd RLR
Lady-Rock fwd on Lt, recover back on Rt, shuffle back LRL

WALK WALK SHUFFLE [Lady out of windows]
33-36 **Man**-Walk fwd Lt Rt, shuffle fwd LRL, release lady's left hand as she turns out of windows
Lady-Turn full turn right stepping back on Rt Lt, shuffle back RLR rejoin arms back into closed western position

WALK WALK SHUFFLE
37-40 **Man**-walk fwd Rt Lt, Right shuffle fwd RLR
Lady walk back Lt Rt, shuffle back LRL

ROCK APART, SIDE SHUFFLE,
41-44 **Man**–Rock back on Lt, recover on Rt, step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side
Lady- Rock back on Rt, recover on Lt ,step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side

CROSS ROCK 1/4 TURN, 1/4 TURN SHUFFLE
45-48 **Man**- Cross Rt over Lt turning 1/4 turn to face ILOD, release ladies Rt hand, recover back onto Lt,
Turn 1/4 turn to face partner, rejoin hands, step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side
Lady-Cross Lt over Rt turning to face ILOD, release mans Lt hand, recover back onto Rt
Turn 1/4 turn to face partner, rejoin hands, step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side

CROSS ROCK 1/4 TURN, 1/4 TURN SHUFFLE
49-52 **Man**-Cross Lt over Rt turning 1/4 turn to face OLOD, release ladies Lt hand, recover back onto Rt
Turn 1/4 turn to face partner, rejoin hands, step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side
Lady- Cross Rt over Lt turning 1/4 turn to face OLOD, release mans Rt hand recover back onto Lt
Turn 1/4 turn to face partner, rejoin hands, step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side

STEP PIVOT 1/2 TURN, 1/4 TURN SHUFFLE
53-56 **Man**-Turning 1/4 turn Lt, ILOD, step fwd on Rt, pivot 1/2 turn Lt, continue turning 1/4 left on RLR
shuffle to face partner LOD
Lady-Turning 1/4 turn Rt, step fwd on Lt, pivot 1/2 turn Rt, continue turning 1/4 right on LRL
shuffle to face RLOD
Release hands on turn, rejoin into closed western

WALK WALK SHUFFLE X 2
57-60 **Man**-walk fwd Lt Rt, shuffle fwd LRL
Lady-walk back Rt Lt, shuffle back RLR
61-64 **Man**-walk fwd Rt Lt, Right shuffle fwd RLR
Lady walk back Lt Rt, shuffle back LRL
Start again ***April 2014***

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.