Lying To My Heart

Choreographed by	Josie Copley 01977-520880 & (Di Jackson) **Feb 2015**
Description	64 count Partner Dance. Same footwork throughout Start Man OLOD facing LOD Lady in front of man ILOD facing RLOD Left shoulders opposite, holding left hands
Music	Lying To My Heart - Jenai, start on vocals
Video	http://youtu.be/Z944tQ7Ut4Q

1-4 CROSS ROCK, SIDE CLOSE SIDE
Cross left over right, recover onto right, Step Lt to Lt side, slide Rt next to Left, step Lt to Lt side

5-8 ROCK STEP SHUFFLE [lady rock back, 1/2 turn shuffle)
MAN Rock Fwd on right recover onto left, right shuffle back
[Release Lt hands, pick up Rt hands as lady turns into sweetheart position]
LADY Rock Back on right recover fwd onto Lt, shuffle 1/2 turn Lt, into Right side by side

9-12 ROCK STEP SHUFFLE
Rock back on left recover fwd on right, Left shuffle fwd LRL

13-16 WALK WALK SHUFFLE
Walk right left, Right shuffle fwd RLR

17-24 TOE STRUTS X 2, SLOW COASTER STEP, HOLD
Left toe fwd, Left heel down, Right toe fwd, Right heel down
Step back on left, step right next to left, step fwd on left, hold

25-32 TOE STRUTS X 2, SLOW COASTER STEP, HOLD
Right toe fwd, Right heel down, Left toe fwd, Left heel down
Step back on right, step left next to right, step fwd on right hold

33-40 STEP TOUCH X 2, ROCK STEP, 1/2 TURN, TOUCH
Step left to left side, touch right, Step right to right side, touch left
Rock back on left, recover onto right
Step fwd on left turning half turn right, Touch right next to left *[lady in hammerlock*]

41-48 STEP TOUCH X 2, ROCK STEP, 1/2 TURN, TOUCH
Step right to right side, touch left, Step left to left side, touch right
Rock back on right, recover onto left
Step fwd on right turning half turn left, Touch left next to right *[back in sweetheart]*

49-52 ROCK STEP, SHUFFLE
Rock back on left, recover fwd onto right, left shuffle fwd LRL

53-56 WALK WALK SHUFFLE
Walk right left, Right shuffle fwd RLR

57-60 ROCK STEP, SHUFFLE (Lady rock step, 1/2 turn shuffle)
Rock fwd on left recover back onto right
Man- Left shuffle back LRL *[release left hands as lady turns]*
Lady-Left shuffle turning 1/2 turn left to face RLOD

61-64 CROSS ROCK, SIDE CLOSE SIDE
Cross right over left, recover onto left, step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side
(Now back in Start position)

Start again ***February 2015***

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.