Feel Free

Choreographed by BILL GALLAGHER

Description COUPLE DANCE - CLOSED WESTERN

Music FEEL FREE - BELLAMY BROTHERS

(LADIES STEPS MIRROR IMAGE FROM * TO **

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1 * RIGHT STEP ACROSS FRONT OF LEFT, MAKING 1/4 TURN TO LEFT
2 ROCK BACK ON LEFT, MAKING 1/4 TURN TO RIGHT
3 & 4 CHA-CHA-CHA TO RIGHT (STEP RIGHT, LEFT, RIGHT)
(RETAIN HOLD WITH LEFT HAND, DROP & RAISE RIGHT HAND)
5 LEFT STEP ACROSS FRONT OF RIGHT, MAKING 1/4 TURN TO RIGHT
6 ROCK BACK ON RIGHT, MAKING 1/4 TURN TO LEFT
7 & 8 CHA-CHA-CHA TO THE LEFT (STEP LEFT, RIGHT, LEFT)
(DROP LEFT HAND, RIGHT HAND PICKS UP LADIES LEFT HAND)

9 RIGHT STEP ACROSS FRONT OF LEFT, MAKING 1/4 TURN TO LEFT
10 PIVOT 3/4 TURN TO THE LEFT (ARM PASSES OVER HEAD)
11 &12 CHA CHA CHA TO RIGHT (STEP RIGHT, LEFT, RIGHT)
**(REJOIN IN BALLROOM POSITION)

	MAN	**LADY**
13	STEP FORWARD ON LEFT	STEP BACK ON RIGHT
14	ROCK BACK ON RIGHT	ROCK FORWARD ON LEFT
15 & 16	CHA-CHA-CHA BACKWARD (L,R,L)	CHA-CHA-CHA FORWARD (R,L,R)
17	STEP BACK ON RIGHT	STEP FORWARD ON LEFT
18	ROCK FORWARD ON LEFT	ROCK BACK ON RIGHT
19 & 20	CHA-CHA-CHA FORWARD (RL,R)	CHA-CHA-CHA BACKWARD (L,RL)

21 * ***(RETAIN HOLD WITH LEFT HAND, DROP & RAISE RIGHT HAND)***
22 LEFT STEP ACROSS FRONT OF RIGHT, MAKING 1/4 TURN TO RIGHT
23 & 24 ROCK BACK ON RIGHT FOOT, MAKING 1/4 TURN TO LEFT
CHA-CHA-CHA TO LEFT (STEP LEFT, RIGHT, LEFT)
(CHANGE HANDS WITH PARTNER)

25 RIGHT STEP ACROSS FRONT OF LEFT, MAKING 1/4 TURN TO LEFT
26 ROCK BACK ON LEFT FOOT, MAKING 1/4 TURN TO RIGHT
27 & 28 CHA-CHA-CHA TO THE RIGHT (STEP RIGHT, LEFT, RIGHT)
(CHANGE HANDS WITH PARTNER)
29 LEFT STEP ACROSS FRONT OF RIGHT, MAKING 1/4 TURN TO RIGHT
30 ROCK BACK ON RIGHT, MAKING 1/4 TURN TO LEFT
31 & 32 CHA-CHA-CHA TO THE LEFT (STEP LEFT, RIGHT, LEFT)
(CHANGE HANDS WITH PARTNER)

33 RIGHT STEP ACROSS FRONT OF LEFT, MAKING 1/4 TURN TO LEFT
34 PIVOT 3/4 TURN TO THE LEFT (DROP HANDS)

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

35 & 36 CHA-CHA-CHA TO THE RIGHT (STEP RIGHT, LEFT, RIGHT)

	MAN		**LADY**
37	STEP FORWARD ON LEFT	LADY	STEP BACK ON RIGHT
38	PIVOT 1/2 TURN TO RIGHT	FOLLOWS	ROCK FORWARD ON LEFT
39 & 40	CHA-CHA-CHA FORWARD (L,R,L)	BEHIND	CHA-CHA-CHA FORWARD (RLR)
41	STEP FORWARD ON RIGHT	MAN	STEP FORWARD ON LEFT
42	STEP FORWARD ON LEFT		STEP FORWARD ON RIGHT
43 & 44	CHA-CHA-CHA FORWARD (R,L,R)		CHA-CHA-CHA FORWARD (L,R,L)
45	STEP FORWARD ON LEFT	MAN	STEP FORWARD ON RIGHT
46	PIVOT 1/2 TURN TO RIGHT	FOLLOWS	PIVOT 1/2 TURN TO LEFT
47 & 48	CHA-CHA CHA, FORWARD (L,RL)	BEHIND	CHA-CHA-CHA FORWARD (R,L,R)
49	STEP FORWARD ON RIGHT	LADY	STEP FORWARD ON LEF
50	STEP FORWARD ON LEFT		STEP FORWARD ON RIGHT
51 & 52	CHA-CHA-CHA FORWARD (R,L,R)		CHA-CHA-CHA, FORWARD (L,R,L)
53	STEP FORWARD ON LEFT	LADY	STEP FORWARD ON RIGHT
54	ROCK BACK ON RIGHT	FOLLOWS	PIVOT 1/2 TURN TO LEFT
55 & 56	CHA--CHA-CHA BACKWARD (L,RL)	FACING	CHA-CHA-CHA FORWARD (R,L,R)
57	STEP BACK ON RIGHT	MAN	STEP FORWARD ON LEFT
58	STEP BACK ON LEFT		STEP FORWARD ON RIGHT
59 & 60	CHA CHA CHA BACKWARD (R,L,R)		CHA-CHA-CHA FORWARD (L.RL)
61	STEP BACK ON LEFT	MAN	STEP FORWARD ON RIGHT
62	ROCK FORWARD ON RIGHT	FOLLOWS	ROCK BACK ON LEFT
63 & 64	CHA- CHA-CHA FORWARD (L,R,L)	FACING	CHA-CHA-CHA BACKWARD (R-L,R)
65	STEP FORWARD ON RIGHT	LADY	STEP BACK ON LEFT
66	STEP FORWARD ON LEFT		STEP BACK ON RIGHT
67 & 68	CHA-CHA -CHA FORWARD (R,L,R)		CHA-CHA-CHA BACKWARD (L,R,L)
	(REJOIN INTO BALLROOM POSITION)		
69	STEP FORWARD ON LEFT		STEP BACK ON RIGHT
70	ROCK BACK ON RIGHT		ROCK FORWARD ON LEFT
71 & 72	CHA-CHA -CHA ON THE SPOT		CHA-CHA-CHA ON THE SPOT

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