Double Mexicala

Choreographed by: Carol* & George Stayte (UK). *Fully Qualified D&G Instructor. 02392 423925. 02392 423925- carol.stayte@ntlworld.com

Description: 64 count Partner Dance. Start Gent Facing LOD / Lady Facing RLOD. Closed Western Position. Opposite Footwork Throughout.

Music: Mexico - Tobias Rene (140 bpm)
CD:Living Dreams - Mp3 & CD Download Here

	GENT	LADY
	Cross Rock. Side. Hold. (X2)	**Back Rock. Side. Hold. (X2) .**
1-4	Rock left over right. Recover on right Rock,	right behind left. Recover on left.
	Step to side on left. Hold	Step to side on right. Hold.
5-8	Rock right over left. Recover on left	Rock left behind right. Recover on right.
	Step to side on right. Hold	Step to side on left. Hold.
Note:	**Counts 1 –4 Angle body to right diagonal. Counts: 5 –8 Angle body to left diagonal.**	
	Walk Fwd (X3) Hold. Walk Fwd (X3) Hold	**Walk Back (X3) Hold. Walk Back (X3) Hold.**
1-4	Walk fwd, left, right, left. Hold	Walk back, right, left, right. Hold.
5-8	Walk fwd, right, left, right. Hold	Walk back, left, right, left. Hold.
	Rock Step. Back. Hold. Rock Step. Fwd. Hold.	**Rock ½ Turn Hold. Rock Back. Step Fwd. Hold.**
1-4	Rock fwd on left, recover on right	Rock back on right, recover on left, ½ turn left stepping
	Step back on left. Hold	Back on right. (**To Gent's right side**). Hold. **LOD**
5-8	Rock back on right, recover on left	Rock back on left, Recover on right,
	Step fwd on right. Hold	Step fwd on left. Hold.
Note:	**Counts 3 – 4 Release hands. Pick up into side by side / Sweetheart position.**	
	¼,Turn. Together. Side. Hold. Back Rock ¼ Hold. ¼ Turn. Together, Side. Hold. Back Rock. ¼ Hold.	
1-4	¼ Turn right on left to face partner, together on R	¼ Turn left on right to face partner, together on L.
	Step to side on left. Hold. **OLOD**	Step to side on right. Hold. **ILOD**
5-8	Rock back on right, recover on left	Rock back on left, recover on right.
	¼ Turn right on right. Hold. **RLOD**	¼ Turn left on left. Hold. **RLOD**
Note:	**Counts 1 – 2 Right hands over Ladies head into crossed hands.**	
	Pivot ½ Turn. Step Fwd. Hold. Walk Fwd (X3) Hold Rock Step, Back, Hold. Walk Back (X3) Hold.	
1 - 4	Step fwd on left ½ turn right	Rock fwd on right, recover on left.
	Step fwd on left. Hold**. LOD**	Step back on right. Hold.
5 - 8	Walk fwd, right, left, right. Hold	Walk back, left, right, left. Hold.
Note:	**Counts 3 – 4 Right hands over Gents head, left hands behind gents back into hammerlock.**	
	Rock Step. Back. Hold. Rock Step. Fwd. Hold.	**Rock Step ½ Turn hold. Rock Step. Back. Hold.**
1 - 4	Rock fwd on left, recover on right	Rock back on right, recover on left.
	Step back on left. Hold	½ turn left, stepping back on right. Hold **(LOD)**
5 - 8	Rock back on right, recover on left	Rock back on left, recover on right.
	Step fwd on right. Hold	Step fwd on left. Hold.
Note:	**Counts 3 - 4 Release left hands, pick up into side by side / sweetheart position**.	

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

	Behind ¼ Turn. Together. Hold.	**Cross. ¼ Turn. Step. Hold.**
	Rock. ¼ Turn. Hold	**Rock. ¼ Turn. Hold.**
1 - 4	Step left behind right. ¼ turn left on right	Cross right over left, ¼ turn right. Stepping back on Lt.
	Step left next to right. Hold. **ILOD**	Step right next to left. Hold. **OLOD**
5 - 8	Rock fwd on right, recover on left	Rock back on left, recover on right,
	¼ Turn to right on right. Hold **LOD.**	**¼** Turn left on left. Hold. **LOD**

Note: Counts 1 – 2 Lady turning in front of Gent, left hands over Ladies head, crossed hands, to face to partner.

	Walk Fwd (X3) Hold. Walk Fwd (X3). Hold	**½ Turn . Step Back. Hold. Walk Back (X3) Hold.**
1 - 4	Walk fwd, left right, left. Hold	½ Turn left on right, left, step back on right. Hold
5 - 8	Walk Fwd, right, left, right. Hold. **LOD.**	Walk back, left, right, left. Hold. **RLOD**

Note: Counts: 1 – 4 Both hands over Ladies head, change into Closed Western Position.

START AGAIN

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