Cajun Polka

Choreographed by	John & Jean Miles (UK..Sept.99)
Description	Partner Dance (56 Counts) In Right Side-by-Side [aka Sweetheart] Intermediate
Music	Jambalaya - Eddy Raven (BPM:125) (CD: Fever 8) Dueling Banjos - Daily Planet (BPM:142) (CD: Fever 7

1-8 Rt.Hook & Lft.Hook Combination:

1-2 Right heel touch forward - Hook right foot up across front of left
3-4 Right heel touch forward - Step right back in place beside left
5-6 Left heel touch forward - Hook left foot up across front of right
7-8 Left heel touch forward - Touch left toe beside right

9-16 Lft. Step & Pivot 1/2 Twice - Lft. Shuffle & Rt. Shuffle Forward:

1-2 Left step forward - Make 1/2 turn to right (Drop left hands on turn)
3-4 Left step forward - Make 1/2 turn to right (Rejoin hands in Side-by-Side)
5&6 Left shuffle forward (LRL)
7&8 Right shuffle forward (RLR)

17-24 Lft.Hook & Rt.Hook Combinations:

1-2 Left heel touch forward - Hook left foot up across front of right
3-4 Left heel touch forward - Step left back in place beside right
5-6 Right heel touch forward - Hook right foot up across front of left
7-8 Right heel touch forward - Touch right toe beside left

25-32 Rt.Step & Pivot 1/2 Twice - Rt.Shuffle & Lft.Shuffle Forward:

1-2 Right step forward - Make 1/2 turn to left (Drop left hands on turn)
3-4 Right step forward - Make 1/2 turn to left (Rejoin hands in Side-by-Side)
5&6 Right shuffle forward (RLR)
7&8 Left shuffle forward (LRL)

33-40 Lady's Rolling 1/2 turn Right - Man's Rolling 1/2 turn Left:

1-2 Lady makes 1/2 *turn* to right stepping right then left (Drop left hands on turn)
3-4 Lady completes 1/2 turn right stepping right and touching with left (Bring right hands down)
Man: ***Steps in place right - left - right - Touch left) (Lady will be facing RLOD)***
5-6 Man makes 1/2 turn to left stepping left then right (Bring right hand over head on turn)
7-8 Man completes 1/2 turn left stepping left and touching with right (Right hands will be at waist level)
(Lady. Steps in place left - right - left - Touch right) (Both Man & Lady will be facing RLOD)

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

41-48 Rt. Hook - Rt. Shuffle & Lft.Shuffle Forward - Rt. Step & Pivot 1/2
1-2 Right heel touch forward - Hook right foot up across front of left
3&4 Right shuffle forward (RLR)
5&6 Left shuffle forward (LRL)
7-8 Right step forward - Make 1/2 turn to left (Rejoin hands in Side-by-Side)

49-66 Rt. Shuffle - Lft.Shuffle - Rt. Shuffle, Lft.Shuffle Forward:
1&2 Right shuffle forward (RLR)
3&4 Left shuffle forward (LRL)
5&6 Right shuffle forward (RLR)
7&8 Left shuffle forward (LRL)

Begin Again & Have Fun

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