Blue Jean Swing

Choreographed by Dan Albro - albro5@cox.net ~ http://www.mishnockbarn.com

Description 32 count, beginner east coast swing partner/circle dance
Closed Social Position, man facing LOD

Music Cowboy, Cowboy - Brooks & Dunn [CD: Cowboy Town]

Alternative: That's My Story - Collin Raye 140 bpm CD: Extremes + Mp3 Download
Whiskey Under The Bridge - Brooks & Dunn 144 bpm / Greatest Hits
Honky Tonk Crowd - Rick Trevino 152 bpm / Rick Trevino
your favorite ECS song
Start dancing on lyrics

	MAN	LADY
	EAST COAST SWING BASIC	
1&2	Step L to side, step R together, step L to side	Step R to side, step L together, step R to side
3&4	Step R to side, step L together, step R to side	Step L to side, step R together, step L to side
5-6	Rock left back, recover to right	Rock right back, recover to left
	EAST COAST SWING LADY'S UNDERARM ¾ TURN	
1&2	Step L to side, step R together, step L to side	Step R to side, step L together, turn ¼ R and step fwd R (traveling toward the center)
3&4	Turn ¼ L and step side R (turning lady under L arm), step L together, step R to side	Turn ¼ R and step side L, step R together, turn ¼ R and step L back
5-6	Rock left back, recover to right ***(pick up lady's left hand in your right)***	Rock right back, recover to left ***(pick up man's right hand)***
	SIDE STRUTS (MAN FACING ILOD, LADY FACING OLOD)	
1-4	Touch L toe side, drop L heel, touch R toe side, drop R heel	Touch R toe side, drop R heel, touch L toe side, drop L heel
	8 COUNT (TOE, HEEL) STRUTTING WEAVE TRAVELING FLOD	
1-4	Cross left toe over right, drop left heel, touch right toe side, drop right heel	Cross right toe behind left, drop right heel, touch left toe side, drop left heel
5-8	Touch left toe behind right, drop left heel, touch right toe side, drop right heel	Cross right toe over left, drop right heel, touch left toe side, drop left heel
	This 8 count can be done facing each other or with ¼ turns for some extra styling	
	ROCK, REPLACE, 2 SHUFFLES BRINGING LADY HOME, ROCK, REPLACE	
1-2	Rock left back, recover to right ***(Release R hand & lead lady with L hand)***	Rock right back, recover to left ***(prepping for ¾ turn L toward outside)***
3&4	Turn ¼ R and step L together, step R together, step L together	Turn ¼ L and step side R, step L together, turn ¼ L and step R back
5&6-7-8	Step R to side, step L together, step R to side, rock back L, recover to R	Turn ¼ L and step side L, step right together, step L to side, rock back R, recover to L
	Pick up man's R hand lady's L hand on count 6, Release on count 8 going into Closed Social Position	

REPEAT

October 2009

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

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