

RESTLESS CHA CHA



Choreographed by JOHN & JANETTE SANDHAM

Description PARTNER DANCE, SIDE BY SIDE HOLDING HANDS -
INTERMEDIATE ,OPPOSITE STEPS THROUGHOUT
ALL STEPS ARE FOR GENTLEMAN

Music RESTLESS. BY BOB MCKINLEY
CD AVAILABLE FROM BOB ON 01942 863671)

- SEC 1.** WALK FORWARD ON LT. RT. NOW TURN TO FACE EACH OTHER ON CHA CHA STEPS LT. RT. LT.
(TURN WITH A SWINGING MOTION & TOUGH FORWARD HANDS). **4 beats**
- SEC 2.** CROSS RT. BEHIND LT STEP TO THE SIDE ON LT. & TURN FORWARD ON CHA CHA
STEPS RT. LT. RT. (AGAIN TURN WITH A SWINGING MOTION) **4 beats**
- SEC 3.** STEP FORWARD ON LT, CROSS RT. BEHIND LT. (SWINGING TO FACE EACH OTHER)
THEN CHA CHA FORWARD ON LT. RT. LT. (SWINGING FORWARD) **4 Beats**
- SEC 4.** STEP FORWARD ON RT. THEN LT'. CHA CHA STEP FORWARD ON RT. LT. RT
(REMEMBER LADIES ON OPPOSITE FOOT THROUGHOUT **4 beats**
- SEC 5,** LT FOOT STEP TO THE SIDE. SLIDE RT. UP TO LT. CHA CHA STEP ON LT, RT. LT.
(MAKING 1/4 TURN TO GENTS LT "YOUR NOW BACK TO BACK **4 beats**
- SEC 6.** STEP FORWARD ON RT. FT. MAKE 1/2 TURN TO LT PIVOTING ON BOTH FEET),
AND CHA CHA STEP TOWARDS EACH OTHER ON RT. LT RT. **4 beats**
- SEC 7.** "CLOSED POSITION" ROCK FORWARD ON LT. THEN BACK ON RT. CHA CHA STEP
BACKWARDS ON LT. RT. LT. (LADIES ROCK BACK THEN FORWARD. & CHA CHA. CHA.
ALWAYS ON THE OPPOSITE FOOT **4 beats**
- SEC 8.** "STILL IN CLOSED POSITION" ROCK BACKWARDS ON TO RT. FOOT. THEN FORWARDS
ON TO LEFT, AND CHA CHA FORWARDS ON RT. LT. RT. (LADIES START BY ROCKING
FORWARDS. THEN BACK. THEN CHA CHA STEP BACKWARDS **4 beats**
- SEC 9.** (BREAK THE HOLD WITH GENTS RT. (LADIES LT) & FORM AN ARCH WITH GENTS -
LEFT HAND STILL HOLDING LADIES RT.)NOW GENT STEPS THROUGH THE ARCH
ON STEP LT. THEN RT.THEN MAKE 1/2 TURN TO GENTS LT ON CHA CHA STEPS ON LT. RT. LT.
(YOU HAVE NOW CHANGED PLACES & Facing EACH OTHER) **4 beats**
- SEC 10.** (CHANGE HANDS TAKE LADIES LT HAND WITH YOUR RT.) AND CHANGE PLACES AGAIN
STEPPING. GENTS RT. THEN LT. NOW MAKE A 1/4 TURN RT. TO FACE FORWARD ON RT. LT. RT.
(LADIES OPPOSITE FEET & MAKING 1/4 TURN TO LT) **4 beats.**

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Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.