

Freight Train



Choreographed by Chris & Trev – Lonestar WPDC – Aug 2010 - chris.trev@talktalk.net
Description 48 Count Intermediate Partner Dance, Start facing LOD in Indian position
Same footwork throughout
Music Roll on Clickety Clack – Alan Gregory
32 Count Intro start on vocals
Alternative Music Rise Above It – Jamie o’Hara – CD Rise Above It
16 Count Intro

- 1-8 Point Heel, Touch Toe, Step Forward, Hold x 2**
1-4 Point LT Heel Forward, Point LT toe next to RT, Step forward LT, Hold
5-8 Point RT Heel Forward, Point RT toe next to LT, Step forward RT, Hold
- 9-16 Man Walk x 3 Hold, Side together Step Forward Hold**
Lady ½ Turn RT Hold, Side together Step back Hold
9-12 Man Walk LT, RT, LT Hold, Lady ½ Turn RT on LT, RT, LT, Hold
13-16 Man Step RT side with RT, Close LT next to RT, Step forward RT, Hold
Lady Step RT side with RT, Close LT next to RT, Step back RT, Hold
(On count 9 take LT arms over lady’s head release RT hands)
- 17-24 Man ½ Turn RT Hold, Lady walks back x 3 Hold, Rock, recover, Step Hold**
17-20 Man ½ Turn RT on LT, RT, LT, Hold, Lady Walks backwards LT, RT, LT, Hold
21-24 Rock back on RT, Forward on LT, Step forward RT, Hold
(On count 17 take LT arms over man’s head)
- 25-32 Step ¼ turn Cross Hold, Rock recover cross Hold**
25-28 Step forward LT, make ¼ turn RT, Cross LT over RT, Hold
29-32 Rock on to RT, Recover on LT, Cross RT over LT, Hold
(On count 26 now in Indian position facing ILOD)
- 33-40 Rock recover cross Hold, Step to side, Cross behind. ¼ turn RT Hold**
33-36 Rock on to LT, Recover on RT, Cross LT over RT, Hold
37-40 Step RT to RT side, Cross LT behind RT, Make ¼ Turn RT with RT, Hold
(On count 40 come in to sweetheart position facing LOD)
- 41-48 Man does 3 walks, Hold x2, Lady ½ turn RT, Hold x2**
41-44 Man walks LT, RT, LT, Hold, Lady ½ turn RT on LT, RT, LT, Hold
45-48 Man walks RT, LT, RT, Hold, Lady ½ turn RT on RT, LT, RT, Hold
(On count 41 take LT arms over lady’s head, lady now facing man on LOD)
(On count 45 release RT hands. Lady turns back in to Indian position)
START AGAIN

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.