

Double Mexicala



Choreographed by Carol* & George Stayte (UK). *Fully Qualified D&G Instructor. 02392 423925. 02392 423925- carol.stayte@ntlworld.com

Description 64 count Partner Dance. Start Gent Facing LOD / Lady Facing RLOD. Closed Western Position. Opposite Footwork Throughout.

Music Mexico - Tobias Rene (140 bpm)
[CD: Living Dreams - Mp3 & CD Download Here](#)

GENT

Cross Rock. Side. Hold. (X2)

1-4 Rock left over right. Recover on right Rock, Step to side on left. Hold

5-8 Rock right over left. Recover on left Step to side on right. Hold

Note: Counts 1 –4 Angle body to right diagonal. Counts: 5 –8 Angle body to left diagonal.

Walk Fwd (X3) Hold. Walk Fwd (X3) Hold

1-4 Walk fwd, left, right, left. Hold

5-8 Walk fwd, right, left, right. Hold

LADY

Back Rock. Side. Hold. (X2) .

right behind left. Recover on left. Step to side on right. Hold.

Rock left behind right. Recover on right. Step to side on left. Hold.

Walk Back (X3) Hold. Walk Back (X3) Hold.

Walk back, right, left, right. Hold.

Walk back, left, right, left. Hold.

Rock Step. Back. Hold. Rock Step. Fwd. Hold. Rock ½ Turn Hold. Rock Back. Step Fwd. Hold.

1-4 Rock fwd on left, recover on right Step back on left. Hold

5-8 Rock back on right, recover on left Step fwd on right. Hold

Rock back on right, recover on left, ½ turn left stepping Back on right. **(To Gent's right side)**. Hold. **LOD**

Rock back on left, Recover on right, Step fwd on left. Hold.

Note: Counts 3 – 4 Release hands. Pick up into side by side / Sweetheart position.

¼, Turn. Together. Side. Hold. Back Rock ¼ Hold. ¼ Turn. Together, Side. Hold. Back Rock. ¼ Hold.

1-4 ¼ Turn right on left to face partner, together on R Step to side on left. Hold. **OLOD**

5-8 Rock back on right, recover on left ¼ Turn right on right. Hold. **RLOD**

¼ Turn left on right to face partner, together on L. Step to side on right. Hold. **ILOD**

Rock back on left, recover on right. ¼ Turn left on left. Hold. **RLOD**

Note: Counts 1 – 2 Right hands over Ladies head into crossed hands.

Pivot ½ Turn. Step Fwd. Hold. Walk Fwd (X3) Hold Rock Step, Back, Hold. Walk Back (X3) Hold.

1 - 4 Step fwd on left ½ turn right Step fwd on left. Hold. **LOD**

5 - 8 Walk fwd, right, left, right. Hold

Rock fwd on right, recover on left. Step back on right. Hold.

Walk back, left, right, left. Hold.

Note: Counts 3 – 4 Right hands over Gents head, left hands behind gents back into hammerlock.

Rock Step. Back. Hold. Rock Step. Fwd. Hold. Rock Step ½ Turn hold. Rock Step. Back. Hold.

1 - 4 Rock fwd on left, recover on right Step back on left. Hold

5 - 8 Rock back on right, recover on left Step fwd on right. Hold

Rock back on right, recover on left.

½ turn left, stepping back on right. Hold **(LOD)**

Rock back on left, recover on right. Step fwd on left. Hold.

Note: Counts 3 - 4 Release left hands, pick up into side by side / sweetheart position.

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

**Behind ¼ Turn. Together. Hold.
Rock. ¼ Turn. Hold**

- 1 - 4 Step left behind right. ¼ turn left on right
Step left next to right. Hold. **ILOD**
5 - 8 Rock fwd on right, recover on left
¼ Turn to right on right. Hold **LOD**.

Note: Counts 1 – 2 Lady turning in front of Gent, left hands over Ladies head, crossed hands, to face to partner.

**Cross. ¼ Turn. Step. Hold.
Rock. ¼ Turn. Hold.**

- Cross right over left, ¼ turn right. Stepping back on Lt.
Step right next to left. Hold. **OLOD**
Rock back on left, recover on right,
¼ Turn left on left. Hold. **LOD**

Walk Fwd (X3) Hold. Walk Fwd (X3). Hold

- 1 - 4 Walk fwd, left right, left. Hold
5 - 8 Walk Fwd, right, left, right. Hold. **LOD**.

Note: Counts: 1 – 4 Both hands over Ladies head, change into Closed Western Position.

START AGAIN

½ Turn . Step Back. Hold. Walk Back (X3) Hold.

- ½ Turn left on right, left, step back on right. Hold
Walk back, left, right, left. Hold. **RLOD**