

Arjjaze Swing

[Inspired by Fred Rapoport's East Coast Switch]

Choreographed by Diane Jackson arjjaze@iname.com - 01405 860993 - March 2011

Description 48 count Partner dance opposite footwork throughout
Mans steps listed. Start Man facing OLOD double hand hold

Music Any East Coast Swing music 134 – 144 bpm



SIDE TOGETHER SIDE TOUCH X 2

1-4 Step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side, Touch Rt next to Lt
5-8 Step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side Touch Lt next to Rt

CHASSE, ROCK STEP, CHASSE ROCK STEP 1/4 TURN

9&10 Step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side,
11-12 Rock back on Rt, forward on Lt
13&14 Step Rt to Rt side, slide Lt next to Rt, step Rt to Rt side
15-16 Rock back on Lt turning 1/4 turn into LOD step forward on Rt
Both now facing LOD holding inside hands

SWINGING SHUFFLE X 2, 4 STEPS UP LOD TURNING 1 1/4 TURNS INTO SWING POSITION

17&18 Left shuffle forward LRL [swing in to face partner]
19&20 Right shuffle forward RLR [swing away from partner]
21-24 Step forward LRLR turning 1 1/4 turn Right to face OLOD
*Release hands on turns Pick up in Swing Position
Lady-turns 1 1/4 turns Left up LOD to end facing ILOD*

SWING - The couple stand in Promenade dance position. His right hand is on the lady's back on her left shoulder blade. The joined hands are held lower, about the lady's waist level, in a cup & pin position

TRIPLE STEP X 2, ROCK STEP, TOUCH STEP [Basic East Coast Swing Pattern]

25&26 Small side shuffle forward, toward LOD
27&28 Small side shuffle backward, toward RLOD
29-30 Rock back on Lt forward on Rt
31-32 Touch left next to right, step slightly forward onto left to face LOD

TRIPLE STEP [LADY 1/2 TURN SHUFFLE] ROCK STEP APART

33&34 Triple in place RLR raising Lt arm [lady shuffle forward under raised arm turning 1/2 turn Rt]
Man facing LOD, Lady RLOD, double hand hold
35-36 Rock back Lt [apart] forward on Rt

TRIPLE STEP, ROTATE 1/2 TURN CW ROCK STEP, SHUFFLE X 2 ROCK STEP

37&38 Small Shuffle toward LRL each others Rt shoulders
39&40 Shuffle forward RLR rotating 1/2 turn clockwise [Man facing RLOD, Lady LOD]
41-42 Rock back Lt [apart] forward on Rt

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

- TRIPLE STEP 1/4 TURN, TRIPLE STEP [LADY 3/4 TURN] ROCK STEP
- 43&44 Triple in place LRL turning 1/4 Lt to face OLOD [raise Lt arm]
- 45&46 Triple in place RLR
Lady-2 Shuffles forward under raised arms turning 3/4 turn right to face ILOD
- 47-48 Rock back Lt [apart], forward on Rt
Start again

VARIATIONS:- Counts 37 –48

- 2nd Set - Wrap Man facing LOD Lady facing RLOD
- 37&38 Triple in place LRL
- 39&40 Shuffle back, RLR
Lady 2 shuffles forward turning 1/2 turn left into right side by side wrap
- 41-42 Rock back on Lt forward on Rt
- 43&44 Triple in place LRL
- 45&46 Triple in place RLR turning 1/4 Rt to face OLOD
Lady 2 shuffles turning 3/4 turn Rt out of wrap to face ILOD
- 47-48 Rock back Lt [apart] forward on Rt
- 3rd Set - Bow Man facing LOD Lady RLOD
- 37&38 Shuffle fwd LRL toward each other Rt should to Rt shoulder at the same time bringing both hands up and over each others head placing hands behind each others neck [Bow]
- 39&40 Step RLR in place as lady moves apart from partner sliding hands down each others arms into single RT hand hold] Rock
- 41-42 Rock back on Lt forward on Rt
- 43&44 Man-Triple in place turning 1/4 Rt to face OLOD [raise inside hands]
Lady shuffle 1/2 turn Rt under raised arms
- 45&46 Man-Triple in place
Lady shuffle continue another 3/4 turn Rt to face ILOD
- 47-48 Rock back Lt [apart], forward on Rt
- 4th Set - Windows Man facing LOD Lady facing RLOD
- 36 Cross arms Right on Top**
- 37&38 Left, shuffle, turning 1/2 turn right, RLOD passing Rt shoulders
- 39&40 Right shuffle fwd RLOD
Lady turns 1/2 left under raised cross arms, to form a frame known as windows facing LOD,
- 41-42 Rock fwd on Lt, back on Rt ~ Lady rock back on right, fwd on left,
- 43&44 Triple in place turning 1/4 Lt as Lady turns out of windows
- 45&46 Triple in place
Lady 2 shuffles turning right 3/4 turn right out of windows
- 47-48 Rock back on Lt [apart] forward on Rt