

Syncopated Rhythm



Choreographed by Diane Jackson arjjaze country western dancers **April 2010**
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Description 32 count beginner Partner dance start facing LOD holding inside hands. Same steps, Opposite footwork throughout Mans steps listed.
Music I could get used to this Lovin Thing - Alan Jackson 185bpm - CD
Freight Train
Home of the Blues - Dwight Yoakam 187bpm

FORWARD, SIDE, BEHIND SIDE CROSS, [CHANGING SIDES] STEP LOCK STEP, STEP LOCK STEP

1&2& Step fwd on Lt, weight back on Rt, Step Lt to Lt side, weight back on Rt
3&4 Step Lt behind Rt, Step Rt to Rt side, Step Lt across in front of Rt
[crossing behind lady release and rejoin hands]
5&6 Step fwd on Rt, slide Lt up behind Rt, step fwd on Rt
7&8 Step fwd on Lt, slide Rt up behind Lt, step fwd on Lt

9-16 REPEAT COUNTS 1-8 STARTING WITH OPPOSITE FOOT

1/4 TURN –SIDE TOGETHER SIDE, BEHIND SIDE CROSS X 2 *Turn 1/4 turn to face partner in double hand hold*

17&18 Step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side
19&20 Step Rt behind Lt, step Lt to Lt side, step Rt across in front of Lt
21&22 Step Lt to Lt side, slide Rt next to Lt, step Lt to Lt side
23&24 Step Rt behind Lt, step Lt to Lt side, step Rt across in front of Lt

SIDE ROCK, CROSS, SIDE ROCK 1/4 TURN, ROCK STEP, STEP, COASTER STEP

25&26 Rock Lt to Lt side, weight back on Rt, step Lt across in front of Rt
27&28 Rock Rt to Rt side, weight back on Lt, turning 1/4 to face LOD, step fwd on Rt
29&30 Rock fwd on Lt, weight back on Rt, step back on Lt
31&32 Step back on Rt, step Lt next to Rt, step fwd on Rt

Start again