

Laid Back 'n Low Key



Choreographed by **Allen Matthias**
Description **64 Count Partner dance (Sweetheart)
Same Footwork Unless Stated.**
Music **Laid Back 'n Low Key - Alan Jackson CD Good time
Intro: 20 counts.**

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- 1-2** Rock Forward on L, Rock Back on R
3&4 L Shuffle Back
5-6 1/4 Turn R on R (Into Indian), Touch L Beside R
7-8 1/4 Turn L on L (Back Into Sweethearts), Touch R Beside L
- 1-2** 1/4 Turn L stepping Forward on R (Right Hand Over Ladies Head), Touch L Beside R
3-4 Step L To L Side, Touch R Beside L
5-6 Step R To R Side, Step L Behind R (Dip)
7-8 Step R to R side, Step L Behind R (Dip)
- 1-2** 1/4 Turn R on R (Bring Right Hand Back Over Ladies Head Into Sweethearts), Brush L
3-4 Step Forward on L, Brush R
5-6 Step R to R side, Step L Behind
7-8 1/4 Turn R Stepping on R (Into Indian), Touch L Beside R
- 1-2** L To L Side, R Behind
3-4 Step L to L side, Touch R Beside L
5-8 1/4 Turn L Stepping R. L. R. L [swaying motion step 1/8. step 1/8. Back In To Sweetheart)
- 1-4** Right Jazz Box With Brush
5-6 Gent: Walk L. R
7&8 Left Shuffle
5-6 Lady: 1/2 Turn R on L. R
7&8 Left Shuffle Back (As Lady Turns, L Hand Over Ladies Head)
- 1-2** Gent: Rock Forward on R Recover on L
3&4 Right Shuffle back
1-2 Lady: Rock Back on R Forward on L
3&4 1/2 Turn Shuffle Left (As She Turns, Back Into Sweetheart)
5-6 Both: Rock Back on L Forward on R
7&8 Left Shuffle Forward
- 1-2** Rock Forward on R, Recover on L
3-4 Rock Back on R, Recover on L
5-6 Step Forward on R, Lock Left Behind R
7-8 Step Forward R, Brush L
1-2 Gent: Walk L-R
3&4 Left Shuffle
- 1-2** Lady: Full Turn Right on L.R.
3&4 Left Shuffle
5-6 Gent: Walk R.L.
7&8 Right shuffle
5-6 Lady: Full Turn L on R.L
7&8 Right Shuffle

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.