

Harmony Stroll



Choreographed by **Diane Jackson** 01405 860993 arjjaze@iname.com
<http://www.arjjazedance.free-online.co.uk>

Description Partner Dance in Right Skaters, Both on same foot pattern

Music
When I get over you - Joni Harms - 92 BPM
The heart that you own - Dwight Yoakam - 96 BPM
I'll take these - Dwight Yoakam - 101 BPM

BOTH

WALK FORWARD & POINT X 2

1 - 4 Walk forward left, right, left, Point right toe out to right side
5 - 8 Walk forward right, left, right, Point left toe out to left side

ROCK STEP SHUFFLE, ROCK STEP SHUFFLE

9-10 Step forward on left, Rock back on right
11&12 Shuffle backwards on L.R.L.
13-14 Step back on right, Rock forward on left
15&16 Shuffle forward on R.L.R.

MAN [Raise Left Hand, Release right]

17-18 Step forward on left, Rock back on right
19&20 Shuffle backward on L.R.L.

[Travelling backwards, rejoin into Right Skaters]

LADY

17-18 Step forward on left, Pivot 1/2 turn right
19&20 Continue turn to right on shuffle. L.R.L.

BOTH

21 - 22 Step back on right, Rock forward on left
23 - 24 Shuffle forward on R.L.R.

LEFT GRAPEVINE, TOUCH, RIGHT GRAPEVINE, TOUCH

25 - 26 Step left foot to left, Step right foot behind left
27 - 28 Step left foot to left, Touch right next to left
29 - 30 Step right foot to right, Step left foot behind right
31 - 32 Step right foot to right, Touch left next to right

PIVOT 1/2 TURN, WEAVE, PIVOT 1/2 TURN

33-34 Step left foot forward, Pivot 1/2 turn right,
[Do not release hands, you are now both facing RLOD in left skaters, with man on lady's right]

35-36 Step left foot over in front of right, Step right foot to right side,

37-38 Step left foot behind right, Step right foot to right

39-40 Step Left foot forward, Pivot 1/2 turn right

[Drop left hand raise right over lady's head & rejoin in Right Skaters]

FORWARD SHUFFLES x 4, MOVING OUT

41-48 Four forward Shuffles Starting with Left foot,
Moving at a slight angle to outer edge of dance floor ready to start the dance again

START OVER

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.

Note - Right Skaters - Couples both facing the same direction, the lady is slightly in front of the man, Both right hands rest on the lady's right hip, with left hands held in front at man's chest level

November 2001

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.