

He & She Cha Cha



Choreographed by Keith Garnett - [Welsh Fargo WDC](#) - April 98 - 01792 892547
Description Intermediate 64 Count Circular Partner Dance
Music She (who must be obeyed) by Dave Sheriff on Nashville CD 'Fly Away or any 32/64 count phrased Cha Cha of your choice

This dance is dedicated to all our Partner Dancers at Welsh Fargo who will now appreciate having to do both the lady's and man's steps in the same dance.

Man's steps shown - Lady's steps mirror image except for steps 29 & 30

- 1-2 Touch Left Heel Forward , Touch Left Toe
Back
- 3&4 Cha Cha Cha Forward (LR,L)
- 5 Step Forward on Right Foot (Extend inside arms forward at chest height)
- 6 Rock back on left Foot
- 7 & 8 Cha Cha Cha 1/2 Right to face RLOD (RL,R) Drop Right and pick up lady's Right hand in Mans left hand
- 9 Step Forward on Left Foot (Extend inside arms forward at chest height)
- 10 Rock back on Right Foot
- 11&12 Cha Cha Cha Half turn Left to face LOD Drop Left and pick up lady's Left hand in Man's (L,R,L) Right hand)
- 13 Step Forward on Right Foot (Extend inside arms forward then drop hands for step 14)
- 14 Pivot Half Turn Left shifting weight to left foot
- 15&16 Cha Cha Cha 1/4 turn left to face OLOD (Pick up both hands - Man's L to Ladies R, Mans R (R,L,R) to Ladies L)
- (Extend both arms - Man's L pointing down at 45 degrees, Man's R pointing up at 45 degrees on step 17)
- 17 Pivot Quarter turn to left on right foot to face LOD and touch Left Heel Forward
- 18 Hook Left Leg across in front of right
- 19 & 20 Cha Cha Cha forward towards LOD (L,R,L)
- (Keep arms Extended - Man's R pointing down at 45 degrees Man's L pointing up at 45 degrees on step 20)
- 21 Pivot Half turn to Right on left foot to face RLOD and touch Right Heel Forward
- 22 Hook Right Leg across in front of Left
- 23 & 24 Cha Cha Cha on the spot turning a quarter left to face OLOD (R,L,R)
- (Bring arm back to waist level - still holding both hands)
- 25 Step Left foot to side
- 26 Cross Right Foot behind left and step
- 27 & 28 Cha Cha Cha in place (L,RL) (Gent drops Right hand and raises Left arm)
- 29 & 30 Shuffle Forward Diagonally under upraised arm to outside position (R,L,R)
- Note:** Lady shuffles behind the man on these steps to inside position - still on opposite feet.
- 31 & 32 Shuffle forward in LOD (LRL)
- Note:** At this point Man is on outside facing LOD holding ladies Right hand in hisleft while Lady is on inside facing LOD

33 - 64 Repeat steps 1 - 2 with the lady taking the man's part and vice-versa

Note: after 64 counts, couples are back to their original start position

Start Over and keep on smiling

Extra Styling Note: On steps 5, 9 and 13 raise outside arms chest height, bent at the elbow, hands pointing fwd

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: jbwesterndance@aol.com.