

OOP'S I Slipped



Choreographed Mark & Jan Caley (01255 431114) (03/02)
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Description 32 Count Beginner/ Easy Intermediate Partner Dance
Music I Slipped and fell in Love - Alan Jackson (118BPM) (Drive C/D)
Trouble - Mark Chestnut (114BPM)
24 7 365 - Neal McCoy (128BPM) or any Swing type track
Start Position: Right Open Promenade (holding inside hands facing LOD)

MAN

MAN:-KNEE ROLLS, ROCK, SIDE SHUFFLE

1-2 Roll Left Knee CCW, Roll Right Knee CW
3-4 Repeat 1-2
5-6 Rock back on Left, Recover to Right
7&8 Side shuffle making ¼ turn Right - Lt, Rt, Lt

Counts 1-4 Knee Rolls can be substituted for Hip Bumps

(Lady facing inside the circle), Touch Mans Left hand and Ladies right on count 8

SHUFFLES FORWARD, ROCK, ½ TURN SHUFFLE

9&10 Shuffle forward making ¼ turn left- Rt, Lt, Rt
11&12 Side Shuffle to Left making ¼ turn Right
(Over Counts 7-12 you will travel forward in LOD)

Now facing each other man holding both Hands

13-14 Rock back on Right, Recover to Left
15&16 Right shuffle forwards making ½ turn Left

**Mans Rt releases ladies Lt. Raise Mans Lt arm, Ladies Rt so lady turns under her own Rt Arm
(At this point man is on the outside facing into the circle, lady is on inside facing outside the Circle)**

ROCK STEP, RECOVER, SHUFFLES, ROCK & CROSS

17-18 Rock back on Left, Recover weight to Right
Left Shuffle forwards making ½ turn Right

Ladies turns under her own Right Arm

19&20
21-22 Rock back on Rt, Recover weight to Left

Rejoin Double Hand Hold, facing each other, man on inside facing OLOD

23&
24 Right Rock to Rt Side, Step Lt in Place
Cross Right over left

WALK, HOLD, WALK, HOLD, SHUFFLE (X2)

Release Mans Left hand with ladies Right

25-26 Make a ¼ turn Lt walk forward on Left, Hold

Now facing LOD in Open promenade position, holding inside hands

27-28 Walk forward on Right, Hold
29&30 Left Shuffle Forward
31&32 Right Shuffle Forward

Start Again

LADY

LADY:-KNEE ROLLS, ROCK, SIDE SHUFFLE

Roll Right Knee CW, Roll Left Knee CCW
Repeat 1-2
Rock back on Right, Recover to Left
Side shuffle making ¼ turn Left - Rt, Lt, Rt

Shuffle forward making a ¼ turn Right Lt, Rt, Lt
Side shuffle to Right making ¼ turn Left

Rock back on Left, recover to Rt
Left shuffle forwards making ½ turn Right

Rock Back on Right, Recover weight to Left
Right Shuffle forwards making ½ turn Left

Rock Back on Left, Recover weight to Right

Left Rock to left side, Step Right in place
Cross Left over Right

Make a ¼ turn Rt and walk forward on Right, Hold

Walk forward on Left, Hold
Right Shuffle forward
Left Shuffle Forward